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Individual Packed Lunch Box filled and labelled with the following items  
(Vegetarian boxes will be clearly marked)

## Corporate Sailing Packed Lunch Menu 1

Selection of baguettes with variety of fillings:

Diced chicken and bacon with iceberg lettuce

Poached salmon flakes with a squeeze of lemon and diced spring onion

Roast beef with creamed horseradish

Roasted med veg on a bed of rocket with balsamic glaze (V)

Goats cheese and red onion puff pastry slice

Hand Cut Crisps

Individually wrapped muffin

A piece of fruit

**£11.00 per person**